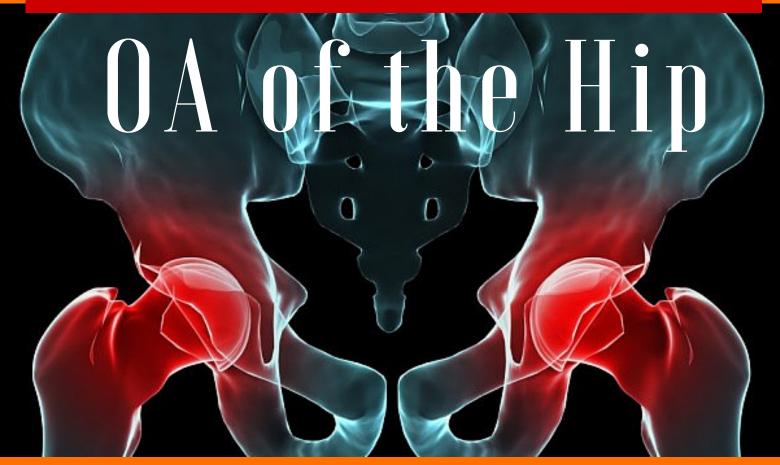
CLINICAL PREDICTION GUIDELINES FOR:



## KEY PREDICTORS

- Greater than 50 yrs of age
- Moderate anterolateral hip pain during weight bearing
- Morning stiffness < 1 hr</li>
- Limited Hip IR and Flexion by more than 15 degrees compared to non-painful side

Have OA

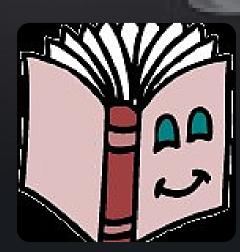
**Treatment Options** 







**Weight Loss** 





**Training** 

Patient Education

**Exercise** 

**Manual Therapy**