





- 1. Assendelft, W. J., Morton, S. C., Emily, I. Y., Suttorp, M. J., & Shekelle, P. G. (2003). Spinal manipulative therapy for low back pain: a meta-analysis of effectiveness relative to other therapies. Annals of internal medicine, 138(11), 871-881.
- 2. Childs JD, Fritz JM, Flynn TW, Irrgang JJ, Johnson KK, Majkowski GR, Delitto A. A clinical prediction rule to identify patients with low back pain most likely to benefit from spinal manipulation: a validation study. Annals of internal medicine. 2004 Dec 21;141(12):920-8.
- 3. Chou R, Qaseem A, Snow V, et al. Diagnosis and Treatment of Low Back Pain: A Joint Clinical Practice Guideline from the American College of Physicians and the American Pain Society. Annals of Internal Medicine. 2007;147(7):478-491.
- 4. Delitto A, George S, Van Dillan L, et al. Low Back Pain. J Orthop Sports Phys Ther Journal of Orthopaedic & Sports Physical Therapy. 2012;42(4): 381-381.
- 5. Fritz, Julie M., Anthony Delitto, and Richard E. Erhard. "Comparison of classification-based physical therapy with therapy based on clinical practice guidelines for patients with acute low back pain: a randomized clinical trial." Spine 28, no. 13 (2003): 1363-1371.
- 6. Jull G, Hodges P, Hides J, Panjabi MM. Therapeutic exercise for spinal segmental stabilization in low back pain: scientific basis and clinical approach. Edinburgh: Churchill Livingstone; 1999.
- 7. Van Tulder M, Malmivaara A, Esmail R, Koes B. Exercise therapy for low back pain: a systematic review within the framework of the cochrane collaboration back review group. Spine. 2000 Nov 1;25(21):2784-96.